## HYPERTENSIVE CRISIS GUIDE FOR NON-CLINICAL SITES



BLOOD PRESSURE CATEGORY	SYSTOLIC mmHg (upper number)		DIASTOLIC mmHg (lower number)
NORMAL	LESS THAN 120	and	LESS THAN 80
ELEVATED	120 - 129	and	LESS THAN 80
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 1	130 - 139	or	80 - 89
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 2	140 OR HIGHER	or	90 OR HIGHER
HYPERTENSIVE CRISIS (consult your doctor immediately)	HIGHER THAN 180	and/or	HIGHER THAN 120

## Blood pressure greater than 180 and/or 120?

Wait 5 minutes and recheck BP. BP continues to be elevated?



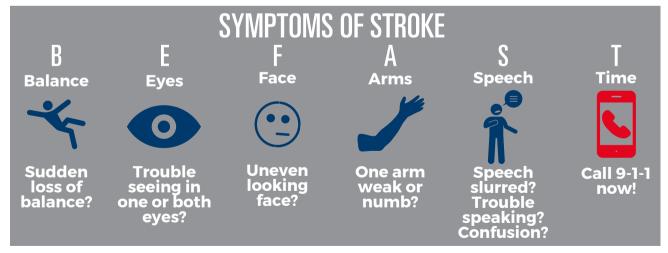
Do not make a medical judgement yourself. Call **911** to allow EMS to assess client.

## Helpful information to give 911:

Client's first and last name Client's age or date of birth

## Is client experiencing:

Shortness of breath? Symptoms of stroke? Difficulty speaking? Numbness or weakness? Changes in vision? Chest Pain?
Trouble walking?
Back pain?
Confusion?
Severe headache?



Address: Location of Building:: Phone number:

